

## MICHAEL WILLIAM SANDERS – 300TH GAME

This Saturday Mick plays his 300th game for the Old Reds, joining a small group to reach this milestone.

### CURRENT 300 CLUB:

364	Deane A. Treloar	(27 seasons; 1958-1984)
353	Leighton A. Williams	(24 seasons; 1948-1971)
343*	Nicholas P. Sanders	(19 seasons; 1998-2000, 2002-2019*)
322	Justin M. Trim	(22 seasons; 1992-2010, 2012, 2014 & 2016)
309*	Timothy J. Sanders	(21 Seasons; 1998, 2000-2019*)
305*	Grant England	(22 Seasons; 1998-2019*)
304	Ian A. Wallace	(17 seasons; 1952, 1955-1970)
302*	Andrew D. Heitmann	(27 seasons; 1987-1988, 1993-2002, 2005-2019*)

### CAREER DETAILS:

Prince Alfred College 1984-1988

### PAOC Football Club

Played 22 Seasons; 1993, 1997-1998, 2000-2005, 2007-2019

299 games (42 A's, 67 B's, 68 C's, 92 D's, 29 E's, 1 F's)

One of only 9 players to have played in all 6 Grades

One of only 8 players to have played in 5 Premierships (his brothers Nick and Tim have 6!)

2000 Headmasters Award (for services off the field) - with Nick, Tim and Steven Sanders

2001 B Grade leading goalkicker (30 goals)

2002 B Grade Captain

2002 B Grade Best & Fairest Runner-up

2003 B Grade Captain (grand finalist)

2003 B Grade Coaches Award

2002 B Grade Best & Fairest Runner-up

2003 Life Membership

2003 Best Club Man Award (for services on and off the field)

2008 C Grade Premiership

2009 C Grade Premiership

2010 SAAFL Player Life Membership (150 games)

2014 D Grade Premiership

2016 E Grade Premiership

2018 D Grade Premiership

2019 D Grade Vice Captain

Other Grand Final appearances:

2003 B Grade, 2010 D Grade, 2015 E Grade

Unique Club milestones:

First set of 3 brothers to play in a premiership together, 2018 D Grade Premiership (with Nick and Tim)

1000 Games - Most Games by Brothers (Mick, Nick, Tim and Dave), Round 6, 2019



## – PLAYER PROFILE –

### ABOUT YOU

**Age:** 47

**Better known as:** *Mick (or on occasion, MOO)*

**Status:** *Married to Sally (Sal)*

**Children:** *Oli, Marnie, Ruby and Minnie*

**Current occupation:** *Founder & Managing Director, MOO Premium Foods*

**Interests outside of football:** *Running, cooking, gardening and garden design, travelling, art and design.*

**If you could have any car:** *Aston Martin Vanquish*

**Dream job:** *I've loved being a Chef and always being in the Food Industry. If I had to do something different, it would involve gardening / garden design.*

**If you could live anywhere in the world (other than Australia):** *UK or France (or Italy)!*



### FAVOURITES

**Sport aside from football:** *Used to be tennis but now enjoy running. Enjoy watching the Tour de France and the Rugby World Cup.*

**Music:** *I have a very varied list of music I like, so nothing specific.*

**Bands / Artist:** *Coldplay*

**Best concert you ever saw (or will see):** *U2.*

**Movie:** *Probably boring but hard to go past The Shawshank Redemption.*

**Actor / Actress:** *Daniel Day-Lewis and Judi Dench*

**TV Show:** *Would I Lie to You*

**Book:** *with my Chef's background, I have a large selection of cook books which I love.*

**Place (AUS):** *Goolwa*

**Place (O/S):** *Really like the UK and France but also could easily choose Italy or Bruges in Belgium.*

**Food:** *I have to say yoghurt, but I also enjoy ice-cream.*

**Restaurant:** *Have eaten some fantastic food and had great food at Tetsuya's in Sydney and Berowra Waters (NSW). At the moment in Adelaide, Peel Street is always excellent.*

**Beverage:** *Coffee*

**Alcoholic Beverage:** *Beer*

**Drinking venue:** *Bar Torino or the Parkside Hotel*

**Flavoured Yoghurt from MOO:** *Currently it is Mango & Turmeric but my favourite of all time was Blood Orange & Passionfruit Compote but unfortunately we needed to delete it as not enough other people liked it like I did!!*



## HYPOTHETICALS

**One million dollars to spend and one day left to live, what would you do:**

*Spend the day in Paris with the family, eating and laughing at the best restaurants and making the day memorable for the girls.*

**Who would you take to the Brownlow Medal event:**

*I'd feel like I should ask Sal (my wife) but I know she'd hate it so probably Colonel, Baz, The Arm or my Dad (Bill) who love footy and would enjoy it a lot more.*

**If you could have dinner with any 3 celebrities, dead or alive, who would they be:**

*Lee Mack (Comedian), Hugh Jackman and Roger Federer.*



The C Grade "Kent Town Blacks" versus SMOSH West Lakes at West Lakes Shore Oval, Season 2010

## YOU AND FOOTBALL

**Preferred position:** *Rover/Ruck Rover*

**Preferred jumper number:** *Always keen on '2' and '8' - when I was young, I really liked Peter Motley '2' and Paul Bagshaw '8' from Sturt.*

**Any football superstitions:** *If I win the coin toss, I always kick against the wind in the first quarter, so we have the breeze in the last. Also, I eat very little before any game.*

**Football team(s):** *Adelaide Crows & Sturt*

**Favourite player(s):** *Too many to choose from - Michael Voss (Brisbane), Wayne Carey (NM), Chris Judd (WC/C) and James Hird (Ess), Andrew McLeod, Mark Ricciuto, Darren Jarman, Tony Modra (Crows) & Luke Hodge (Hawthorn).*

**If you could play alongside any player in Australia, past or present:** *Michael Voss*

**Most memorable game of football (any level) you've ever witnessed (TV or live):**

*Being at the MCG to watch Adelaide Crows defeat the Western Bulldogs 1997 Preliminary Final - 2 point win to make the Grand Final. The Grand Final was reasonably good as well!*

**Most Spectacular AFL moment:**

*Has to be Sydney Swan's Leo Barry's mark at the 32 minute pack mark of the 2005 Grand Final against the West Coast Eagles to save the game.*

## YOU AND PAOCFC

**Club debut:** *I can't completely recall the first game, but I have very good memories of my first year. The team won the GF and I was lucky enough to play under Coach Graham Vasileff and with one of the toughest players in Jack Prest. Additionally, it was a highlight to play with 'Roo' Hann (Captain) and brother 'Sheriff' Hann to name a couple.*

*It was terrific, to 24 years later, play alongside Graham Vasileff's son Tom.*

*Another early memory was playing with Rob 'Killer' Kermeen and David Cook – in my first game with them, we were playing at Salisbury North and my instruction was 'when you go out there today, punch the guy in the guts and not the face – if you punch him in the face you'll break your hand!'.  
Different times to now.*

### **Most memorable match / performance in your time at PAOCFC:**

*There have been many, but I was pretty happy kicking 7 goals in a game against Unley.*

**Most embarrassing football moment:** *Missing a goal from about 10 metres out (this year) – I should have handpassed it!*

**Most goals you have kicked in a match:** *7 against Unley Jets.*

### **Biggest regret in your playing career:**

*Not punching the lights out of the Portland player that ended Ben Nash's career – Ben was the B Grade Vice Captain at the time and the punch Ben received was completely unnecessary and unprovoked and was the worst incident I have experienced playing footy.*

### **Most admired PAOCFC players (past &/or present):**

*There have been some great players but to narrow it down, from my earlier years, Sean (Shark/Leather) Tanner and Johnno Waltham were a highlight. More recently, have really enjoyed watching the way Justin Graetz and Adam Perryman play. Hard not to be a fan of Georgie Choimes as well!*

### **Best PAOCFC coach you have played under:**

*I've been really lucky to play under some great coaches – David Serotzki, Ian 'Steelo' Steel but will always be thankful to Tommy Davies for backing me to play in my first GF coming back from a broken foot after not playing for 7 weeks.*



"Legends Game", PAOC 8-5 (53) drew with SPOC 8-5 (53), Saturday 9 July 2011, Wilson Oval, St Peter's



D Grade, Division 8 Reserves Premiers, versus Hope Valley, Saturday 13 September 2014, Richmond Oval

**PAOCFC player (past &/or present) you'd want to have lining up to kick a goal after the siren in a GF to win the match:**

*There's a few and it would be hard to go past the accuracy of Scot Tyndall, Harry Bilyk, Jack Dent (or Mark Ricciuto!).*

**Favourite memory from the General Havelock:**

*Thursday and Saturday nights were brilliant and had huge crowds.*

*'Mick & Mouldy's Sunday Mutton Up' with the team will always be in my memory. (Henry Mould was one of the Havelock owners and the 'B' grade Coach).*

*Separately, I never quite understood what Firthy (Rick Firth) was trying to do with the upturned bar stool...*

**Ever entered Miss Princes? If so, what are your memories from the night:** *No, I was too afraid!*

**Favourite memory of any Miss Princes:** *Watching Baz on stage and being glad it wasn't me.*

**Favourite Club social function ever and why:**

*2009 Grand Final night after the 3 wins at Campbelltown Oval – such a great day and night for the Club.*

**Goals for this season and beyond:**

*Was really keen to play with 3 brothers this year in the combined 1000 games for the Club – was a very special day for the family and really appreciated how the Club supported the lead up and the game.*

*Very keen to make the finals sneaking into 5<sup>th</sup> spot if we can.*

